

## Northshore Rehabilitation Hospital and CARF Accreditation: What it Means for You

### What is CARF?



Founded in 1966 as the Commission on Accreditation of Rehabilitation Facilities (CARF), CARF International is an independent, non-profit accreditor of health and human services.

This accreditation demonstrates a provider's commitment to continually improving services, encouraging feedback and serving the community.

In October 2021, Northshore Rehabilitation Hospital was awarded the following CARF accreditations for a period of three years each:

- Comprehensive Integrated Inpatient Rehabilitation Program
- Stroke Specialty Program

### Why is CARF accreditation important?

CARF accreditation is evidence that a provider is patient-centered and committed to continual quality enhancement.

### How is CARF accreditation achieved?

The accreditation process includes a rigorous peer review involving an interdisciplinary survey team. Hospitals are evaluated on measurable, accountable and high quality programs and services. All aspects of patient care, programs and services offered, staff engagement, customer service, hospital culture and leadership are reviewed.

### About Northshore Rehabilitation Hospital's CARF Accreditations\*

#### Comprehensive Integrated Inpatient Rehabilitation Program

A comprehensive integrated inpatient rehabilitation program coordinates and integrates 24-hour medical and rehabilitation services. Pre-admission assessments determine the program and setting that best meet the needs of each patient. Patients, in collaboration with interdisciplinary team members at the hospital, identify and address their medical and rehabilitation needs.

#### Stroke Specialty Program

A stroke specialty program delivers services that focus on the unique needs of stroke survivors, including:

- Minimizing impairments and secondary complications
- Reducing activity limits
- Maximizing participation and quality of life
- Decreasing environmental barriers
- Preventing recurrent stroke

The stroke specialty program recognizes the individuality, preferences, strengths and needs of the patient and their families and support systems. It assists patients and their families and support systems in managing their own health, encouraging appropriate use of health care systems and services, and supporting efforts to promote personal health and wellness and improve quality of life.

The stroke specialty program also utilizes current research and evidence to provide effective rehabilitation and supports future care improvements by advocating for, or participating in, stroke research.